

WHAT ARE THE BENEFITS OF PARTICIPATING IN THE FSS PROGRAM?

- ✓ Obtaining higher education/job training that will result in a decent living wage employment.
- ✓ Escrow account (as your income increases your portion of rent increases and the Housing Authorities' portion decreases. This decrease is placed in an interest-bearing escrow account and is yours when you successfully complete your contract.)
- ✓ Support services to assist you in achieving your goals.
- ✓ Case management
- ✓ Pride in achievement
- ✓ Economic independence
- ✓ Self-sufficiency
- ✓ Improved quality of life circumstances for you and your family.

*"Success is a journey,
not a destination."*

*"Happiness is not a state to arrive at,
but a manner of traveling."*

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WHAT STEPS DOES THE PROGRAM INVOLVE?

- ✓ Orientation to the FSS program.
- ✓ Interview/needs assessment to determine barriers and needed resources.
- ✓ Development of an Action Plan, including objectives, goals, strategies, and time lines.
- ✓ Sign a Contract of Participation.
- ✓ Implement the Action Plan.
- ✓ Monitor, evaluate, and modify the Action Plan as appropriate.

HOW CAN I GET MORE INFORMATION ABOUT THE FSS PROGRAM?

If you are interested in obtaining more information about the Family Self-Sufficiency Program, call:

Karri Badiali
FSS Coordinator
Fresno Housing Authorities
P.O. Box 11985
Fresno, CA 93776-1985
(559) 445-8941



THE HOUSING AUTHORITIES OF THE CITY AND COUNTY OF FRESNO PRESENT THE



PROGRAM

SET

YOURSELF

FREE



WHAT IS FAMILY SELF SUFFICIENCY?

Family Self Sufficiency is a voluntary program designed to assist families in utilizing community resources to achieve independence and self sufficiency through education and job training.

THIS PROGRAM MOTIVATES AND HELPS PARTICIPANTS:

- ✓ Identify their career goals
- ✓ Identify the barriers which could prevent achievement of their goals
- ✓ Identify resources and services necessary for participant's success
- ✓ Develop an Action Plan to achieve specific goals and objectives necessary for self-sufficiency and economic independence
- ✓ Obtain support services related to their Action Plan
- ✓ Receive case management services, encouragement, and moral support

"Look well into yourself; there is a source of strength that will always spring up if you always look there."

WHO CAN PARTICIPATE?

If you are:

- ✓ currently a Section 8 Voucher holder or in public housing
- ✓ 18 years of age or older
- ✓ motivated to change your current life circumstances
- ✓ interested in obtaining more education and job training
- ✓ determined to free yourself from having to depend on public assistance

then FSS is for you!

Participating FSS families are required to sign a Contract of Participation with the Housing Authorities. An FSS family has up to five (5) years to complete specific goals and objectives they have established for themselves in their individual Action Plan. The Contract of Participation outlines the rights and responsibilities of the family during their participation in the FSS Program.



"No one can predict to what heights you can soar. Even you will not know until you spread your wings."

WHAT SUPPORT SERVICES ARE AVAILABLE?

In order for FSS participants to successfully accomplish the goals and objectives in their Action Plan, they will need to address the barriers preventing success. The FSS Program provides for collaboration with local agencies and service providers to address a wide variety of family issues, including:

- ✓ housing choices
- ✓ child care
- ✓ transportation
- ✓ education (a high school diploma, GED, community college, four-year degree)
- ✓ job seeking and job keeping skills
- ✓ financial planning and budgeting
- ✓ legal services
- ✓ career counseling
- ✓ health and nutrition education
- ✓ job placement
- ✓ parenting skills
- ✓ communication skills
- ✓ drug and alcohol abuse counseling
- ✓ stress management
- ✓ other relevant services

"It takes courage to push yourself to places that you've never been before...to test your limits...to break through barriers."